

Health *flexible spending account*

Over-the-Counter Items



The IRS allows that some over the counter (OTC) drugs and medications which are used to treat sickness may be reimbursed by Health Care Flexible Spending Accounts.

Eligible expenses include medicines or products that alleviate or treat personal injuries or illness for you and your dependents. For most OTC's, you are not required to provide a statement from a medical provider or indicate a diagnosis in order to receive reimbursement.

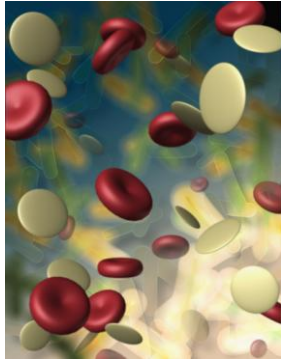
Receipts for reimbursement must state the place of purchase, date, amount, item name, and can be claimed within reasonable quantities. We recommend that you retain copies of all OTC receipts for your records.

There are some medical items that may not be allowed unless you are diagnosed by a medical professional for a specific medical condition. Treatment for eligible expenses cannot be for preventative purposes.

Items purchased for personal care are not eligible for reimbursement. For example, toothpaste, vitamins, supplements and herbal remedies, and other items used for personal hygiene cannot be claimed for reimbursement.

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Over The Counter Items



Non-eligible items

Cosmetics
Toiletries
Personal hygiene/care items
Items used to promote general health
& well being
Weight loss drugs

Partial List of OTC's

Allergy

Antihistamines
Nasal sprays

Antacids

Heartburn medicines

Cold Remedies

Cough drops
Decongestants
Nasal strips
Nasal sprays
Sinus Medications
Throat lozenges

Pain Relief

Bug bite medication
Fever reducers
First aid creams (*diaper, fever*)
Products for pain & cramp relief
Products for muscle or joint pain
Special ointments or sunburn
Topical creams

Other Items for Medical Care

Anti-diarrheas
Anti-fungals
Antibiotics
Asthma medications
Bandages, gauze, rubbing alcohol
Carpal tunnel wrist
Cold/hot packs for
Contact lens drops & cleaning
Eye products (reading)
First aid kits
Hemorrhoid treatments
Laxatives
Motion sickness treatments
Smoking cessation products
Thermometers
Wart removers

